## Week 1 - Who is God?

Throughout this season, we are going to talk about God and how you can know Him. When it comes to knowing God, the "how" aspect is the part that most people focus on—and for good reason—but the "who" is a question that can seem a little fuzzy. So let's ask that question. *Who is God?* 

There are lots of ideas out there. It can be difficult to nail down because people often use the name "god" when referring to many different things. When we talk about knowing God, which god are we talking about? Who is he and how can we make sure we are talking about the same thing?

The God we want to know is the only true God. We learn about Him through the Bible. The Bible is a book where God tells us about Himself and it is the only place where we can learn about Him.

The Bible teaches us that God has always existed and will never change. He created the world and everything in it. He knows everything—even what we are thinking before we say it. He is all-powerful and is in control of everything in the universe. God is strong. He is also compassionate and kind. He is gracious, merciful, and loving. God is perfect. The Bible also tells us that God is a healer. He is a protector. He is described as a Father and a Shepherd. He guides us in our lives and cares for us. He always tells the truth and never does anything wrong.

Our God is all of these things. When we talk about God this season, *that* is the One we are referring to. He is the Creator of the world and He is the Creator of you. During this season, we will learn more about God and how you can know Him.

## **Discussion**

- 1. Do you have any questions about today's lesson?
- 2. What are some things you know about God?
- 3. Where do we learn about God?