



# PARENT & COACH HANDBOOK

COLONIAL SPORTS MINISTRY

## PARENT & COACH STANDARDS

By registering themselves as volunteers, our coaches pledge themselves to the following standards:

1. I will place the emotional and physical well-being of my players ahead of a personal desire to win.
2. I will treat each player as an individual and with respect, remembering the wide range of emotional and physical development of children.
3. I will organize practices that are fun and challenging for all my players.
4. I will lead by example in demonstrating fair play and sportsmanship.
5. I will be knowledgeable in the rules of each sport that I coach, and I will teach these rules to my players.
6. I will remember that I am a youth sports coach, and the game is for children.
7. I will understand that children make physical mistakes.
8. I will teach my players how to win and lose like a champion and in a gracious manner.
9. If I am a head coach, I will support CSM efforts to advance faith through prayer and value lessons, and if we are the home team, I will see that the game is opened and closed in prayer.
10. I will advance the efforts of CSM in helping children understand what it means to grow into Godly men and women and respect authority.
11. I will honor the fact that CSM desires an atmosphere free from any form of inappropriate language, drug usage, tobacco or alcohol.

## PARENT AND CHILD EXPECTATIONS AND STANDARDS

### EXPECTATIONS

1. I can expect that my child's coach will help advance my child's skills in their sport.
2. I can expect that my child will receive emotional and spiritual encouragement while participating in CSM.
3. I can expect that my child will receive at least 50% of playing time each game.
4. I can expect value lessons to be taught weekly as well as athletic skills.
5. I can expect that games will begin and end in prayer.

### STANDARDS

By participating in CSM, parents, guardians, and other family members pledge themselves to the following standards:

1. I will encourage and practice good sportsmanship by demonstrating a positive interaction with all players, coaches, officials, and parents at every game, practice and event.
2. I will place the emotional and physical well-being of my child ahead of my personal desire to win.
3. I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all. If I have an issue with my coach I will go directly to them and I will do this discreetly.
4. I will honor the fact that CSM desires an atmosphere free from any form of inappropriate language, drug usage, tobacco or alcohol.
5. I will remember that the game is for the children's fun and enjoyment.
6. I will encourage my child to treat other players, coaches, fans and officials with respect.
7. I will help my child enjoy their CSM experience in every way possible.
8. I recognize that CSM coaches teach value lessons and that games will begin and end in prayer.

## LEAGUE INFO

### INCLEMENT WEATHER

If possible, we will make a decision about cancellations at least 45 minutes in advance of scheduled start times. If inclement weather occurs during a practice or game, a CSM staff member will decide if the practice/game is delayed or canceled.

Canceled practices will not be rescheduled. If 2 games are canceled we may schedule another game.

Please utilize any of the following methods to keep track of cancellations:

<b>Website:</b> <a href="http://sports.colonial.org">sports.colonial.org</a>	<b>Weather Hotline:</b> <a href="tel:919-573-1573">919-573-1573</a>
<b>Twitter:</b> <a href="https://twitter.com/colonial_sports">@colonial_sports</a>	<b>Facebook:</b> <a href="https://www.facebook.com/ColonialSports">Colonial Sports</a>
<b>Texting:</b> sign up on Arena	<b>Weather Email:</b> Found at bottom of webpage

### FACILITY USE

Please be respectful and take care of the buildings and gym. This includes making sure your players/team pick up after themselves. We ask that for all children in 1st through 4th grades that a parent bring their children from the parking lot into the building and back to their vehicle after their game.

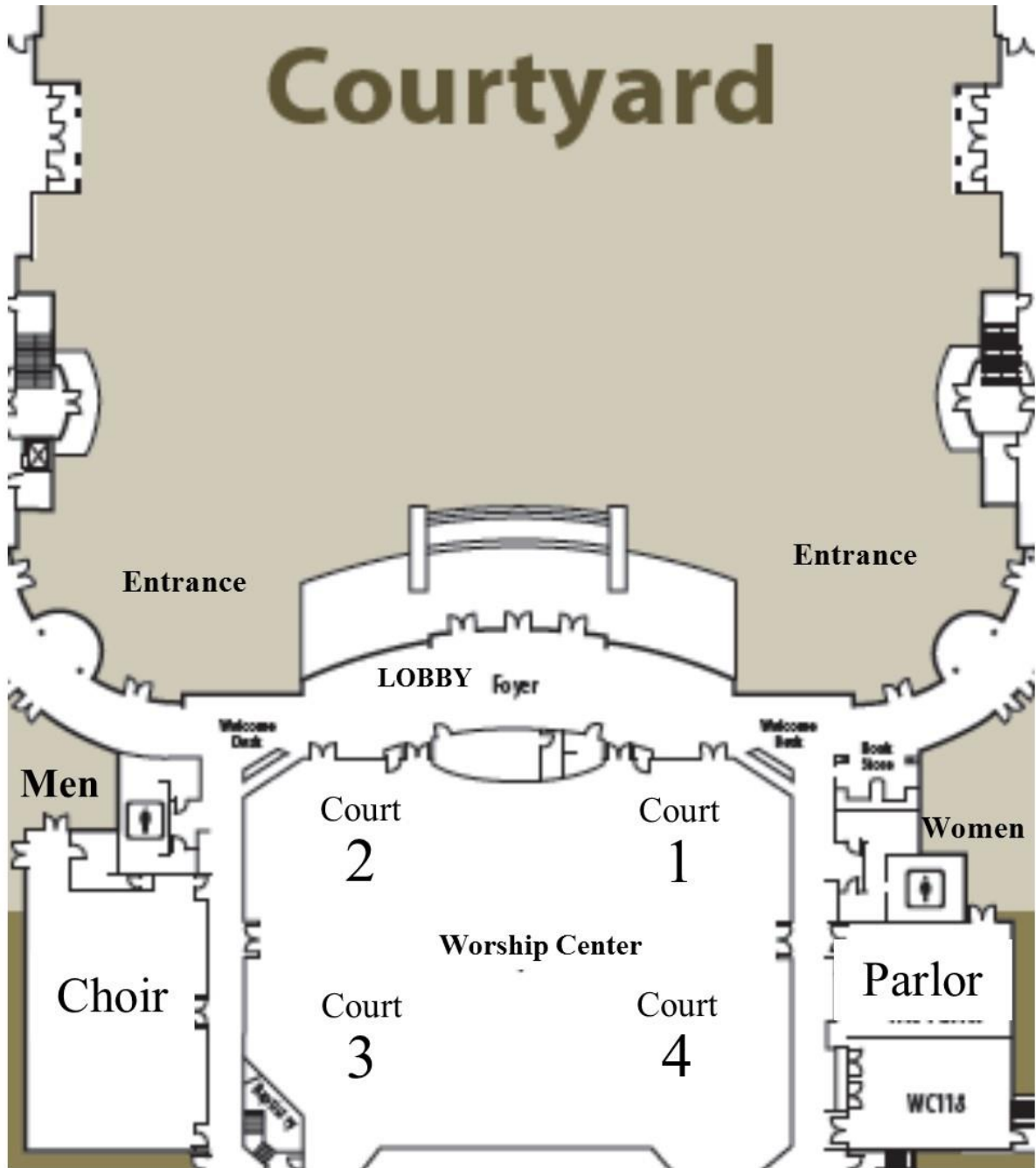
**EQUIPMENT SWAP**– If you have cleats, shin guards, baseball gloves, or basketball shoes of which are too small and you would like to donate them, bring them during the first 2 practices of the respective sport for someone else to have. Please make sure the shoes are clean and tie the shoe laces together, and put them into the labeled “Equipment Swap” gray bin. If your child playing in the league needs of any of the items in the bin, please feel free to take them. This “swap” is an informal recycling program!

**LOST & FOUND**– We will do our best to attempt to collect any left behind items each practice and game, and then return them to the gym the next practice or game.

**SNACK SIGNUPS**– A good free website to use for snack sign ups is [www.SignUpgenius.com](http://www.SignUpgenius.com)

**ASSISTANT COACHES**– To attempt to ensure safety for all children, if a parent offers to be an assistant coach, please ask them to register to coach by going to [sports.colonial.org](http://sports.colonial.org).

PRACTICE MAP



GAME MAP

