

2020 FALL FLAG FOOTBALL – SELF-EVALUATION FORM

Here is the **self-evaluation** questionnaire to respond to:

If you could please simply list your child’s skill level (1, 2, 3, 4, or 5) to the right of each of the following categories and send it back to me with this information as soon as possible that would be appreciated! Please either email it to Justin at jhollabaugh@colonial.org.

Name of Child: _____ Age division (e.g. U9, U11, etc.): _____

Grade Scale:

1 – Way below average

2 – Below average

3 – Average

4 – Above average

5 – Way above average

Passing – pair up with someone and have them throw the ball back & forth

Defense – coverage in a “1 on 1”. How close can they stay to the receiver?

Catching – someone throws 10 attempts. Evaluate overall catching ability

Speed - (time child running the 40 yard dash) - _____time recorded in seconds (e.g. 6.85 seconds)

Aggressiveness – please rate how likely he would be to go up and battle for a thrown ball

Thank you so much for taking the time to complete this form! We will be back in touch with you when we have our teams formed for the fall season!

Justin Hollabaugh

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